## FOR IMMEDIATE RELEASE

## An Opportunity to Fill Your Summer with Meaning and Depth Summer Seva Program

Clyde, NC. June 8, 2015

A free Seva Program is happening from June through September at Mount Soma, outside of Asheville, North Carolina. This course gives people the opportunity to fill their summer with meaning and depth by providing service for the greater good. Many people who visit Mount Soma and Sri Somesvara Temple are curious about Mount Soma, Dr. Michael Mamas, and the Mount Soma Ashram. Seva Program participants can satisfy their curiosity by performing daily activities with the ashram and living at Mount Soma.

Pandit Prasad, the Vedic pandit at Sri Somesvara, reminds us of the famous quote, "The purpose of the human life is to serve others." Many of the Seva Program applicants are Indians living in America who are excited for the opportunity to perform seva. In talking to the applicants, it is clear that these devotees are not coming from a place of wanting to do service in order to receive some karmic benefit. Instead, these people are interested in seva because the desire is to give to the temple and sustain their meaningful cultural heritage.

## Mount Soma Seva Program details:

- Join the Mount Soma Ashram for morning and afternoon meditation rounds and activity towards the greater good
- Course Length: 1-4 months, anytime from June through September, 2015
- No Charge room and board included

"My goal is simple: To assist humanity to live in peace and abundance in a manner that is supportive of every individual's unique nature." – Michael Mamas (Michaelji)

<u>Sri Somesvara Temple</u> is a Vedic Shiva Temple that lies at the heart of Mount Soma, a spiritual destination center in the Blue Ridge Mountains of North Carolina. Sri Somesvara contains 46 tons of hand-carved granite from India, is 100% Vastu, and employs Vedic technology in all ceremonies. Sri Somesvara is the first of five temples to be built at Mount Soma, a community that is being built according to the Vaastu Shastra guidelines for an enlightened city. The visionary, developer, and spiritual leader of Sri Somesvara and Mount Soma is <u>Dr. Michael Mamas</u>.

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