## FOR IMMEDIATE RELEASE

## **Ask Michael Mamas Anything!**

Free Lecture on the Root of All Knowledge

Clyde, NC. March 30, 2015

Michael Mamas, a spiritual teacher with students from around the world, will be giving a 1-hour Free Lecture in Walnut Creek, CA on Saturday, April 11, from 12:00 to 1:00 pm. He structures his lectures around the consciousness of the group, so this free lecture will be based on questions from the audience. Attendees are asked to bring questions on any topic and hand them in before the lecture starts.

Michael Mamas' free lectures help attendees clarify spiritual concepts, see life from different perspectives, and go deeper inside themselves. He brings out ancient wisdom in its purity, and communicates this Knowledge in a manner consistent with modern mentality. Michael Mamas merges Eastern and Western thought, unites science with spirituality, and helps people experience the meaning of his words deep inside. He says, "A true teacher holds up a mirror, through which you more clearly see for yourself."

Michael Mamas Free Lecture Where/When: Saturday, April 11, from 12:00-1:00 pm Renaissance ClubSport Walnut Creek www.renaissanceclubsport.com 2805 Jones Road Walnut Creek, CA 94597 925-938-8700

Michael Mamas is the founder and CEO of The Center of Rational Spirituality (CRS), the organization hosting this event. It is a non-profit organization dedicated to the evolution of humanity through the integration of ancient spiritual wisdom with modern rational thought.

Michael Mamas offers classes on both coasts, meditation retreats, free meditation instruction online, and an ashram and work study program for individuals committed to their spiritual evolution. He is the author of nine books and numerous articles, blogs, etc. on <a href="www.mountsoma.org">www.mountsoma.org</a>. He has received various titles, and is the only Westerner ever to receive the award, Adhyatma Vidhya Visharad (Mastery of the Deepest Spiritual Knowledge) from Bhagavan Yagnyavalkya Ved Tatavagyan Yogashram, the Sanskrit College at the University of Gujarat. All projects in the U.S. and India are designed to raise the consciousness of humanity in order to help bring peace and harmony to the world. Michael Mamas' main focus is the development of Mount Soma, a spiritual destination center in North Carolina and an enlightened city under construction.

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